

**CHINA ECONOMIC, POPULATION, NUTRITION, AND HEALTH SURVEY**

**2006 DIETARY QUESTIONNAIRE**

Province: 21 Liaoning 23 Heilongjiang 32 Jiangsu 37 Shandong 41 Henan T1  
42 Hubei 43 Hunan 45 Guangxi 52 Guizhou

Urban Site: 1 Rural Site: 2 T2  
City: \_\_\_\_\_ County: \_\_\_\_\_ T3  
1 First city 1 First county  
2 Second city 2 Second county

Neighborhood: \_\_\_\_\_ Village (Town): \_\_\_\_\_ T4  
01 First [urban] neighborhood 01 County town neighborhood  
02 Second [urban] neighborhood 02 First village  
03 Third suburban village (neighborhood) 03 Second village  
04 Fourth suburban village (neighborhood) 04 Third village  
05 Fifth [urban] neighborhood 05 County town neighborhood  
06 Sixth [urban] neighborhood 06 Fourth village  
07 Seventh suburban village (neighborhood) 07 Fifth village  
08 Eighth suburban village (neighborhood) 08 Sixth village  
09 Ninth [urban] neighborhood 09 County town neighborhood  
10 Tenth [urban] neighborhood 10 Seventh village  
11 Eleventh suburban village (neighborhood) 11 Eighth village  
12 Twelfth suburban village (neighborhood) 12 Ninth village

Household Number: \_\_\_\_\_ T5

Interview Date: \_\_\_\_Year \_\_\_\_Month \_\_\_\_Day T7

Completion Evaluation: 1 Good 2 OK 3 Poor CO

Interviewer Name: \_\_\_\_\_ Number: \_\_\_\_\_ T6c

Supervisor Name: \_\_\_\_\_ Number: \_\_\_\_\_ T6d

**Table 1. 3-Day Record of Household Food Consumption (gm)**

Household ID:  Province (T1)       Site (T2)       City/County (T3)       Neighborhood/Village (T4)       Household (T5)

1 Food Code	2 Food Name	3 Initial Amount on Hand	Day 1		Day 2		Day 3		Total		12 Total Remaining	13 Actual Consumption	14 Consumption per Person per Day
			4 Amount Purchased or Grown	5 Amount Discarded	6 Amount Purchased or Grown	7 Amount Discarded	8 Amount Purchased or Grown	9 Amount Discarded	10 Amount Purchased or Grown	11 Amount Discarded			
V14		V15a	V24_16a	V25_16a	V24_17a	V25_17a	V24_18a	V25_18a	V24_20a	V25_20a	V21a	V22a	V23a
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[2.] Remember to include oil and condiments (salt, sugar, sauces, etc.) in the table. Please record oil and condiments first.

**Formulas:**

- 10. Total Amount Purchased or Grown:  $V24\_20a = V24\_16a + V24\_17a + V24\_18a$
- 11. Total Amount Discarded:  $V25\_20a = V25\_16a + V25\_17a + V25\_18a$
- 13. Actual Consumption = Initial Amount on Hand + Total Amount Purchased or Grown - Total Amount Discarded - Total Remaining  
 $V22a = V15a + V24\_20a - V25\_20a - V21a$
- 14. Consumption per Person per Day = Actual Consumption / Total Household Person-Days  
 $V23a = V22a / \text{item 26 from Table 2}$

**Table 2. 3-Day Record of Household Meals Per Person Per Day**

Household ID:  Province (T1)     Site (T2)     City/County (T3)     Neighborhood/Village (T4)     Household (T5)

1 Line Number	2 Name	3 Age (years)	4 Sex	5 Activity Level	Ate Meal At Home?																Typical Meal Proportions			25 Number of Person- Days
					Day 1				Day 2				Day 3				Total				22 B	23 L	24 D	
					6 B	7 L	8 D	9 S	10 B	11 L	12 D	13 S	14 B	15 L	16 D	17 S	18 B	19 L	20 D	21 S				
<b>A1</b>		<b>V26</b>	<b>V27</b>	<b>V29</b>	<b>V3036</b>	<b>V3037</b>	<b>V3038</b>	<b>V3039</b>	<b>V3136</b>	<b>V3137</b>	<b>V3138</b>	<b>V3139</b>	<b>V3236</b>	<b>V3237</b>	<b>V3238</b>	<b>V3239</b>	<b>V3436</b>	<b>V3437</b>	<b>V3438</b>	<b>V3439</b>	<b>V44</b>	<b>V45</b>	<b>V46</b>	<b>V35</b>
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Codes: 1. Use -91 through -99 as line numbers for guests

4. Sex:

- 1 male
- 2 female

5. Activity level:

- 1 very light physical activity (working in a sitting position, e.g., office worker, watch repairer, etc.)
- 2 light physical activity (working in standing position, e.g., salesperson, laboratory technician, teacher, etc.)
- 3 moderate physical activity (student, driver, electrician, metal worker, etc.)
- 4 heavy physical activity (farmer, dancer, steel worker, athlete, etc.)
- 5 very heavy physical activity (loader, logger, miner, stonecutter, etc.)
- 6 no working ability (under age 7)

6-17. Ate meal at home?

- 0 ate meal away from home
- 1 ate meal at home
- meal not eaten at all
- B breakfast
- L lunch
- D dinner
- S snack

26 Total Household Person-Days  ---.---
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**Table 3. Consumption of Snacks and Beverages**

Household ID:  Province (T1)  Site (T2)  City/County (T3)  Neighborhood/Village (T4)  HH (T5)

Name: \_\_\_\_\_ Line Number: \_\_\_\_\_

A1

Day	1 Item Number	2 Meal	3 Ingredient Name	4 Ingredient Code	5 Amount (gm)	6 Meal Location	7 Preparation Method
		<b>V40</b>		<b>V14b</b>	<b>V39a</b>	<b>V41</b>	<b>V42</b>
1	1	-		-----	-----	-	-
1	2	-		-----	-----	-	-
1	3	-		-----	-----	-	-
1	4	-		-----	-----	-	-
1	5	-		-----	-----	-	-
1	6	-		-----	-----	-	-
1	7	-		-----	-----	-	-
1	8	-		-----	-----	-	-
2	9	-		-----	-----	-	-
2	10	-		-----	-----	-	-
2	11	-		-----	-----	-	-
2	12	-		-----	-----	-	-
2	13	-		-----	-----	-	-
2	14	-		-----	-----	-	-
2	15	-		-----	-----	-	-
2	16	-		-----	-----	-	-
3	17	-		-----	-----	-	-
3	18	-		-----	-----	-	-
3	19	-		-----	-----	-	-
3	20	-		-----	-----	-	-
3	21	-		-----	-----	-	-
3	22	-		-----	-----	-	-
3	23	-		-----	-----	-	-
3	24	-		-----	-----	-	-

Codes: 2. 2 morning snack 4 afternoon snack 6 evening snack  
 6. 1 at home 2 at school or work unit 3 restaurant or food stand 4 relative's or friend's house 5 nursery school 6 festival/celebration 7 other  
 7. 1 boiled 2 stir-fried 3 deep-fried 4 steamed 5 griddle 6 cooked food 7 baked 8 eaten raw 9 other

**Table 4. Individual Record of Daily Food**

Household ID:  Province (T1)  Site (T2)  City/County (T3)  Neighborhood/Village (T4)   
 Name: \_\_\_\_\_ Line Number: \_\_\_\_\_ A1  
 Interview Day: 1. Day 1 2. Day 2 3. Day 3 VD  
 Person-Day .V35a  
 Interview Date: \_\_\_\_\_Year \_\_\_\_\_Month \_\_\_\_\_Day  T7

1 Item Number	2 Meal	3 Ingredient Name	4 Ingredient Code	5 Amount (gm)	6 Meal Location	7 Preparation Method	8 Preparation Location
1	<b>V40</b> -		<b>V14b</b> -----	<b>V39a</b> -----	<b>V41</b> -	<b>V42</b> -	<b>V43</b> -
2	-		-----	-----	-	-	-
3	-		-----	-----	-	-	-
4	-		-----	-----	-	-	-
5	-		-----	-----	-	-	-
6	-		-----	-----	-	-	-
7	-		-----	-----	-	-	-
8	-		-----	-----	-	-	-
9	-		-----	-----	-	-	-
10	-		-----	-----	-	-	-
11	-		-----	-----	-	-	-
12	-		-----	-----	-	-	-
13	-		-----	-----	-	-	-
14	-		-----	-----	-	-	-
15	-		-----	-----	-	-	-
16	-		-----	-----	-	-	-
17	-		-----	-----	-	-	-
18	-		-----	-----	-	-	-
19	-		-----	-----	-	-	-
20	-		-----	-----	-	-	-

Codes: 2. 1 breakfast 2 morning snack 3 lunch 4 afternoon snack 5 dinner 6 evening snack  
 6. 1 at home 2 at school or work unit 3 restaurant or food stand 4 relative's or friend's house 5 nursery school 6 festival/celebration 7 other  
 7. 1 boiled 2 stir-fried 3 deep-fried 4 steamed 5 griddle 6 cooked food 7 baked 8 eaten raw 9 other  
 8. 1 at home 2 at school or work unit 3 restaurant or food stand 4 relative's or friend's house 5 nursery school 6 festival/celebration 7 other