

Adriana Wisniewski

Email: adrianaw@unc.edu

ORCID: 0009-0002-8522-3870

EDUCATION

University of North Carolina Chapel Hill | Department of Anthropology

Doctor of Philosophy, Biological Anthropology

Advisor: Amanda Thompson, Ph.D., MPH

Minor: Epidemiology

Chapel Hill, NC
August 2023 - Present

University of Oregon

Bachelor of Science Human Physiology & **Bachelor of Science** Multidisciplinary Science

Minors: Anthropology, Biology, Chemistry, Disability Studies & Global Health

summa cum laude

Eugene, OR

June 2022

RESEARCH INTERESTS

Non-communicable diseases, (Type 1) Diabetes, autoimmune diseases, mixed-methods, global health

RESEARCH EXPERIENCE

Human Biology Laboratory

University of North Carolina at Chapel Hill, Department of Anthropology

Primary Investigators: Amanda Thompson, Ph.D., MPH; Morgan Hoke, Ph.D., MPH; Mark Sorensen, Ph.D.

August 2023 - Present

Chapel Hill, NC

Carolina Population Center | Population Science Predoctoral Trainee

Faculty Preceptors: Amanda Thompson, Ph.D., MPH; Linda Adair, Ph.D.

August 2024 - Present

Chapel Hill, NC

Kahkoska Research Group

University of North Carolina at Chapel Hill, Department of Nutrition

Primary Investigator: Anna Kahkoska, MD, Ph.D.

- Diabetes Eating and Longevity Investigation (DELI)
- ChargeUp

December 2023 - Present

Chapel Hill, NC

December 2023 - Present

March 2023 - Present

Undergraduate Research Assistant | Global Health Biomarker Lab

University of Oregon, Department of Anthropology

Primary Investigator: J. Josh Snodgrass, Ph.D.

- World Health Survey+ (WHS+)
- Tunisia Health Examination Survey (THES)

October 2021 - June 2023

Eugene, OR

PUBLICATIONS & PRESENTATIONS

MANUSCRIPT PUBLICATIONS

Wisniewski, A., DeLouize, A. M., Walker, T., Chatterji, S., Naidoo, N., Kowal, P., & Snodgrass, J. J. (2024). Sustained metabolic dysregulation and the emergence of diabetes: Associations between HbA1c and metabolic syndrome components in Tunisian diabetic and nondiabetic groups. *Journal of Physiological Anthropology*, 43(1), 18. <https://doi.org/10.1186/s40101-024-00365-4>

MANUSCRIPTS UNDER REVIEW

Kahkoska, A. R., Neumiller, J., Alexopoulos, A.-S., Christiaens, A., Cukierman-Yaffe, T., Ehrhardt, N. M., Huang, E. S., Idrees, T., Laffel, L. M., Lee, S. J., Pandya, N., Pratley, R., Rodríguez-Mañas, L., Slyne, C., Toschi, E., Weinstock, R. S., **Wisniewski, A.**, Wysham, C., & Munshi, M. (2025). Preparing to meet the needs of a growing older adult population with type 1 diabetes: A narrative review. *Annals of Internal Medicine*. Under Review

CONFERENCE PRESENTATIONS

- | | |
|--|---------------------------|
| Adriana Wisniewski, BS , Justin DeMonte, BAS, Angelica Cristello Sarteau, MSPH, Angela Fruik, MPH, RD, LDN, Anna Kahkoska, MD, Ph.D.
“Levels of Diabetes Distress (DD) Among Older Adults (OA) with Type 1 Diabetes (T1D)”
Poster. American Diabetes Association 85th Scientific Sessions. Chicago, IL. June 2025. | Exp. June
2025 |
| A Wisniewski , AM DeLouize, JJ Snodgrass, P Kowal, N Naidoo, S Chhim, S Chin, H Sopheab, MK Hoke, L Adair, AL Thompson
“Community-Level Economic Inequality and Metabolic Health: A Hierarchical Regression Approach”. Poster. 50th Meeting of the Human Biology Association. Baltimore, MD. March 2025. | March 2025 |
| Adriana Wisniewski, BS , Justin DeMonte, BAS, Angelica Cristello Sarteau, MSPH, Angela Fruik MPH, RD, Anna Kahkoska, MD, PhD
“Diabetes Distress and its Sources Among Older Adults (65+) with Type 1 Diabetes in the US” Poster. North Carolina Diabetes Research Center Annual Symposium. Greensboro, NC. October 2024. | October
2024 |
| Wisniewski, A ; Thompson, AL; DeLouize, AM; Naidoo, N; Jeyaseelan, V; Snodgrass, JJ
“Clustering of metabolic risk factors and relationships to measures of socioeconomic status in Tunisia” Poster. 49th Meeting of the Human Biology Association. Los Angeles, CA. March 2024. | March 2024 |
| Wisniewski, A. , DeLouize A.M., Walker T., Chatterji S., Kowal P., Naidoo N., Snodgrass J.J.
“Associations between HbA1c and metabolic syndrome components in Tunisian diabetic and nondiabetic populations”. Poster. 48th Meeting of the Human Biology Association. Reno, NV. April 2023. | April 2023 |
| Warner-Carey M., Wisniewski A. , DeLouize A.M., Walker T., Snodgrass J.J.
“Metabolic syndrome, depression, and community structure in Tunisia” Poster. 48th Meeting of the Human Biology Association. Reno, NV. April 2023. | April 2023 |
| Warner-Carey M, DeLouize A.M., Getz M., Taylor R., Hearn A., Wisniewski A. , McDowall Z., Walker T., Snodgrass J.J.
“Application of point-of-care testing to measure health biomarkers in the World Health Survey Plus (WHS+)” Poster. 48th Meeting of the Human Biology Association. Reno, NV. April 2023. | April 2023 |

Wisniewski, A., DeLouize A.M., Walker T., Chatterji S., Kowal P., Naidoo N., Snodgrass J.J. “The Prevalence of Metabolic Syndrome Components and their Association with HbA1c in Tunisia.” Oral presentation at the International Congress of Physiological Anthropology, Eugene, OR.	September 2022
---	-----------------------

Wisniewski, A., DeLouize A.M., Walker T., Chatterji S., Kowal P., Naidoo N., Snodgrass J.J. “The Prevalence of Metabolic Syndrome Components and their Association with HbA1c in Tunisia.” Oral presentation at the 12th Annual University of Oregon Undergraduate Research Symposium, Eugene, OR.	May 2022
--	-----------------

SUBMITTED ABSTRACTS

Adriana Wisniewski, BS, Justin DeMonte, BAS, Angela Fruik, MPH, RD, LDN, Laura Young, MD, Ph.D., Angelica Cristello Sarteau, MSPH, Anna Kahkoska, MD, Ph.D. “Many Older Adults with Type 1 Diabetes Are Consuming Above Daily Vitamin D Intake Recommendations” Submitted to American Diabetes Association 85th Scientific Sessions, Chicago, IL. June 2025. Late Breaking.	Exp. June 2025
--	-----------------------

ATTENDANCE

2025 South Eastern Biological Anthropology Interest Group (SEBIG)	Feb 2025
2024 South Eastern Biological Anthropology Interest Group (SEBIG)	Feb 2024

GRANTS & FELLOWSHIPS

Institute for the Study of the Americas (ISA) Pre-Dissertation Fellowship	February 2025
--	----------------------

Carolina Population Center Population Science Predoctoral Fellowship	April 2024
---	-------------------

- Includes Population Science NICHD T32 Training Grant

National Science Foundation (NSF) Graduate Research Fellowship Program (GRFP)	April 2024
--	-------------------

TEACHING EXPERIENCE

Graduate Teaching Assistant

<i>University of North Carolina Chapel Hill</i>	<i>Chapel Hill, NC</i>
---	------------------------

ANTH 190 From Ayahuasca to Zoloft: Anthropological Perspectives on Drugs and Drug Use Instructor: Dr. Morgan Hoke	Fall 2023
---	------------------

ANTH 319 Global Health Instructor: Dr. Mark Sorensen	Spring 2024
--	--------------------

GUEST LECTURES

<i>University of North Carolina Chapel Hill</i>	<i>Chapel Hill, NC</i>
Introduction to Pharmaceuticals and Insulin ANTH 204	October 2024
Global Trends in Nutrition-Related Health ANTH 390 - Nutritional Anthropology	February 2024
Introduction to Pharmaceuticals and Insulin ANTH 190	October 2023

AWARDS & HONORS

Human Biology Association Student Travel Award	February 2025
University of Oregon Multidisciplinary Science Valedictorian	June 2022
Phi Beta Kappa Honors Society Alpha of Oregon Chapter	June 2022
<ul style="list-style-type: none">• Oregon Six - Awarded to the six most outstanding members-elect of the Phi Beta Kappa Honors Society Alpha of Oregon Chapter.	
University of Oregon Biology Teaching Award	June 2022
Center for Undergraduate Research and Engagement (CURE) Conference Travel Award	April 2022
Minnie Morden Pre-Medical Scholarship	2021 - 2022
University of Oregon Dean's List	2019 - 2021
University of Oregon Presidential Scholar	2018 - 2022
University of Oregon Summit Scholar	2018 - 2022

WORK EXPERIENCE

University of Oregon Corona Corps	September 2020 - January 2022
Team Lead April 2021 - January 2022	Eugene, OR
Class Encore Leader	September 2021 - June 2022
University of Oregon, Tutoring and Academic Engagement Center	Eugene, OR
Biology Tutor for Undergraduates	January 2020 - June 2022
University of Oregon, Department of Biology	Eugene, OR
Academic Tutor	January 2021 - June 2022
University of Oregon, Tutoring and Academic Engagement Center	Eugene, OR
Biology Undergraduate Lab Assistant	January 2020 - June 2020
University of Oregon, Department of Biology	Eugene, OR
Clara Barton Camp	June 2017 - July 2021
The Barton Center for Diabetes Education, Inc.	North Oxford, MA
Virtual Camp Counselor 2020 - 2021	
Senior & Health Care Counselor 2019	
Counselor 2018	
Counselor in Training 2017	

LEADERSHIP & SERVICE EXPERIENCE

Graduate Teaching Consultant	August 2024 - August 2025
University of North Carolina at Chapel Hill, Department of Anthropology	Chapel Hill, NC
Society for Anthropology Students	February 2024-Present
University of North Carolina at Chapel Hill	Chapel Hill, NC
Communications Chair 2024-2025	
Welcome Weekend Committee 2024-2025	
Human Biology Undergraduate Group (HBUG)	January 2024 - Present
University of North Carolina at Chapel Hill	Chapel Hill, NC

Students for Global Health Club <i>University of Oregon</i> Co-President Feb 2021 - June 2022 Chair of Communications & Public Relations March 2019 - February 2021	September 2018 - June 2022 <i>Eugene, OR</i>
---	--

Student Health Advisory Committee (SHAC) <i>University of Oregon</i> Membership Coordinator June 2021 - June 2022 Chair March 2020 - June 2021 Vice Chair May 2019 - March 2020	February 2019 - June 2022 <i>Eugene, OR</i>
---	---

Ducks with Diabetes Club UO College Diabetes Network (CDN) Chapter <i>University of Oregon</i> President June 2021 - June 2022 Vice President October 2020 - June 2021	October 2020 - June 2022 <i>Eugene, OR</i>
--	--

International Congress of Physiological Anthropology Program Committee	June - September 2022
---	------------------------------

VOLUNTEER EXPERIENCE

Diabetes Community Care Team Intern & Volunteer	September 2020 - June 2023 <i>Eugene, OR</i>
--	--

Anatomy Lab Learning Assistant <i>University of Oregon, Department of Human Physiology</i>	September 2021 - June 2022 <i>Eugene, OR</i>
--	--

Academic Peer Advisor <i>University of Oregon, Department of Human Physiology</i>	September 2021 - June 2022 <i>Eugene, OR</i>
---	--

Anatomy Special Dissection Team <i>University of Oregon, Department of Human Physiology</i>	April 2022 - June 2022 <i>Eugene, OR</i>
---	--

SKILLS & CERTIFICATIONS

Coding & Data Analysis: R, SAS, Stata	
Web-based survey platforms: Qualtrics, REDCap	
Institutional Review Board (IRB) Applications	
HIPAA	December 2024
CITI GCP - Social and Behavioral Research Best Practices for Clinical Research	September 2023
CITI Group 2 Social and Behavioral Research Basic Course	September 2023
QPR Institute Suicide Risk Detection, Assessment, and Management Training	October 2022
CITI Basic Course for Biomedical Human Research Training	March 2022
CRLA Level 1 Certification	November 2021
ADCES Diabetes Paraprofessional Level 1 Training	September 2020

AFFILIATIONS & MEMBERSHIPS

Human Biology Association
American Diabetes Association
American Association of Biological Anthropologists