

# Sophia Bartels

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## Education

UNC Gillings School of Global Public Health, Chapel Hill, NC

PhD in Health Behavior Candidate

**Master of Science in Public Health, May 2021**

NICHD T32-Funded Predoctoral Trainee, Carolina Population Center (2020-present)

Colby College, Waterville, ME

**Bachelor of Arts, May 2017**

Majors: Global Studies and Latin American Studies

**Overall GPA: 3.84**

Pontificia Universidad Catolica de Chile, Santiago, Chile (Fall 2015)

**Honors:** Magna Cum Laude; Phi Beta Kappa 2017

**Senior Honors Thesis:** *La Política Del Avestruz*: The Regulation of the Black Market for Medical Abortion in Chile

## Research Areas of Interest

- Implementation science, HIV and mental healthcare
- Global health with a focus on Latin America and Vietnam
- Mobile health and technology in health care delivery in underserved, low-resource settings

## Research Experience

**Project Coordinator, UNC Gillings School of Global Public Health**

**May 2022-Present**

- Work as a project coordinator on an R01 implementation science project, scaling up a brief alcohol intervention for people living with HIV in Vietnam (Co-PIs: Vivian Go, PhD, William Miller PhD)
- Lead study materials creation, including drafting the project's protocol, interview and focus group guides, surveys, and informed consent
- Lead team meetings and IRB submissions

**Research Assistant, UNC Gillings School of Global Public Health**

**January 2021-May 2022**

- Worked as a research assistant on a D43 implementation science training grant, with a focus on HIV, in Vietnam (Co-PIs: Vivian Go, PhD, Le Minh Giang, MD)
- Assisted in the development and presentation of trainings and activities, including the introductory workshop, the workshop evaluation, journal clubs, the fellowship application, and the short course in implementation science
- Tracked and planned study activities, including the agenda and activities for our senior fellows

**Research Assistant, UNC Gillings School of Global Public Health**

**August 2019-Present**

- Work as a research assistant on an R21-funded pre-exposure prophylaxis (PrEP) stigma project with men who have sex with men (MSM) in Guatemala City (PI: Clare Barrington, PhD)
- Lead development of project materials, including interview guides, surveys and informed consent forms
- Conducted a quality control of interview data, developed a codebook, and led coding of twenty interviews in Spanish
- Assisted in survey development and led survey programming and testing in REDCap. Led data management and analysis, including the use of mixed-methods analysis techniques
- Led qualitative research and survey trainings for study staff; supervised a Masters in Public Health student
- Conducted interviews in Spanish with six PrEP providers

**Research Coordinator, Center for Technology and Behavioral Health at Dartmouth**

**January 2018-July 2019**

- Managed study administration for the National Institute of Mental Health (NIMH)-funded study "Scaling Up Mental Health Interventions in Latin America" (Grant Number: 1U19MH109988, PIs: Lisa A. Marsch, PhD; Carlos Gómez-Restrepo, MD, PhD). This study is a multi-site scaling up implementation study that seeks to evaluate and implement a new mental health service delivery model in urban and rural settings using mobile health technology to assist in the diagnosis and management of depression and alcohol use disorder
- Oversaw the ongoing conduct of the study and complete required administrative management including submitting IRB modifications and drafting the study's continuing reviews, tracking study recruitment and creating reports for the Data Safety and Monitoring Board and for the NIMH, submitting the trial to clinicaltrials.org, creating the agenda for and leading the project's weekly meeting, and helping to plan the project's annual meeting in Colombia, including drafting the agenda, contacting invitees, and planning travel and meeting logistics
- Managed and maintained the study's electronic database in REDCap, including monitoring data for errors, resolving queries in the database, and overseeing study data tracking and quality checks
- Prepared study materials for the project's site initiation visits and manage the study's regulatory binder
- Managed and contributed to a systematic review in REDCap; ordered articles, created a pilot project in REDCap, led data collection and analysis, and created figures for an article

- Attended steering, sub-committee, and annual meetings for NIMH-funded scaling up hubs, including drafting agendas, taking notes, and creating polls for and managing the Dropboxes of the steering committee and capacity building workgroup

**Research Assistant, Center for Technology and Behavioral Health at Dartmouth** **March 2018- July 2019**

- Conducted local and national recruitment activities for the National Institute on Drug Abuse (NIDA)-funded study “Applying Novel Technologies and Methods to Inform the Ontology of Self-Regulation” (PI: Lisa A. Marsch), including contacting participants, preparing study devices, and completing participant intake and follow-up sessions
- Managed study recruitment, such as study information distribution, report on study recruitment progress during the study team’s weekly meeting, and assist in other study-related research activities

**Research Assistant, Center for Technology and Behavioral Health at Dartmouth** **September 2017-January 2018**

- Conducted baseline data collection, including costing data, with doctors and administrators for the NIMH-funded study “Scaling Up Mental Health Interventions in Latin America” (Grant Number: 1U19MH109988, PIs: Lisa A. Marsch, PhD; Carlos Gómez-Restrepo, MD, PhD), in Bogotá, Colombia
- Wrote and edited multiple sections of papers and book chapters for the study, coded focus group and in-depth interviews in Spanish for a paper, and co-led the writing of a qualitative paper using the coded interviews
- Contributed to the organization of the project’s annual meeting in Bogotá, Colombia, including scheduling flights, contacting participants, planning the agenda, and taking notes and presenting the systematic review at the annual meeting
- Translated all study measures to Spanish, created case report forms for the measures in REDCap, and contributed to the creation of a Spanish version of the mobile application Laddr

**Intern, Ibis Reproductive Health, Cambridge, MA** **June 2017- August 2017**

- Assisted in qualitative research; conducting qualitative analysis, creating code summaries in Spanish, and coding interviews
- Wrote multiple briefs on the telemedicine provision of medication abortion for the organization’s website
- Engaged in study recruitment; contacting patients, updating trackers and inputting data, and mailing gift cards

**Intern, Disparities Research Unit, Massachusetts General Hospital, Boston, MA** **June 2016- August 2016**

- Interviewed patients and doctors to collect data for a research study on patient-provider communication
- Conducted biweekly calls in English and Spanish for control patients and translated video testimonials
- Edited center grants and conducted literature reviews for grants

**Website Manager and Research Assistant, Professor Patrice Franko, Waterville, ME** **September 2014- May 2015**

- Researched information for a new edition of *Economics in Latin America*, updated sections and tables, and edited chapters
- Wrote a text box in the book about the problems of non-communicable diseases in Latin America
- Organized events for the Global Studies department, including student lunches with prospective job candidates
- Managed, edited, and updated the Global Studies website and conducted interviews of Colby alumni and students for the website

**Research Assistant and Intern, Dartmouth Aging Resource Center, Hanover, NH** **June 2013- August 2014**

- Conducted research, including reading and summarizing PubMed articles, for an article for the *Harvard Journal of Medicine*
- Participated in a tech coaching pilot study for elderly adults with technology questions, and publicized the tech coaching event
- Assisted patrons of the Aging Resource Center and their families, answered calls, worked in the Research Center's library, and organized and cataloged the Center's health education, referral, and program information library and database
- Transcribed encounters between doctors and patients for a qualitative research study and assisted in running focus groups

**Research Assistant, Professor Marysa Navarro, Cambridge, MA** **June 2014- July 2014**

- Assisted Professor Marysa Navarro on her research for her book on the Inter-American Commission of Women
- Translated articles from Spanish to English and wrote analytical summaries of the articles from the Harvard Schlesinger Library
- Researched and read microfilm to use as a source for summaries

## Teaching Experience, Invited Lectures, and Dissemination Activities

**Teaching Assistant, UNC Gillings School of Global Public Health** **August 2022- December 2022**

- TAed a masters-level implementation science course, HBEH 784: Implementation Science in Global Health, including grading assignments, updating course materials, and developing and leading lessons
- TA-ed for the second year the COIL class

**Teaching Assistant, UNC Gillings School of Global Public Health** **August 2021- August 2021**

- Co-TAed for the Collaborative Online International Learning (COIL) mini-class (a collaborative mini-class between UNC and Hanoi Medical University in Vietnam) as part of HBEH 784: Implementation Science in Global Health
- Assisted in the creation of the COIL syllabus, class activities, and class materials, and delivered a presentation on the Consolidated Framework for Implementation Research (CFIR)

### Invited Lectures & Dissemination Activities

- Bartels, S.M. Scaling up the brief alcohol intervention to prevent HIV infection in Vietnam: a cluster randomized, implementation trial. Invited Presentation in HBEH 784; 2022, November 16; Chapel Hill, NC.
- Barrington, C., Davis, D. Bartels, S.M. Mejorando el conocimiento del estigma relacionado con la PrEP para aumentar su uso entre los hombres que tienen sexo con hombres en Guatemala. Oral Presentation to Colectivo Amigos Contra el Sida; 2022, September 29; Guatemala City.

- Barrington, C., Dale, I. Bartels, S.M. Mejorando el conocimiento del estigma relacionado con la PrEP para aumentar su uso entre los hombres que tienen sexo con hombres en Guatemala. Oral Presentation to Colectivo Amigos Contra el Sida; 2021, August 4; Virtual.
- Bartels, S.M. Examining the Association between Stigma and Mental Health among Gay and Bisexual Men in Guatemala Who Use Pre-exposure Prophylaxis. Oral Presentation: Interdisciplinary Population Science Proseminar; 2021, November 4; Virtual.
- Bartels, S.M. & Torrey, W.C. Integration of behavioral health in primary care in Latin America: The Latin American Project. Oral presentation at: the Center for Technology and Behavioral Health (CTBH) Workshop: Implementation Science and Digital Therapeutics. The Center for Technology and Behavioral Health; 2018, December 18; Hanover, NH.
- Bartels, S.M., Metcalf, S., Whicker C. Mobile Momentary Self-Regulation. Oral presentation at: the Behavioral Health Research Seminar Series. The Center for Technology and Behavioral Health; 2018, November 9; Hanover, NH.
- Bartels, S.M., Gora Combs, K., & Lazard, A. Start well, Stay well: Public Health Perspective. Oral presentation for: Start Well, Stay Well. UNC Chapel Hill; 2020, June 24.

## **Presentations and Conference Abstracts**

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### **International**

- Bartels, S.M., Galindo, C., Angeles, G., & Barrington, C. Unpacking associations between stigma and mental health among pre-exposure prophylaxis users in Guatemala. Symposium – Understanding and Promoting Mental Health and Well-Being Among Gay and Bisexual Men in Guatemala: 3<sup>rd</sup> International Conference LGBT+ Psychology and Related Fields; 2022, June 22-25; Lisbon, Portugal.
- Bartels, S.M., Cardenas, P., Cruz, V., Gárafo, L., Uribe, J.M., Torrey, W.C., Castro, S.M. Cubillos, L., Williams, M.J., Marsch, L.A., & Gómez-Restrepo, C. Perspectives, Experiences, and Practices in the Use of Digital Information Technologies in the Management of Depression and Alcohol Use Disorder in Healthcare Systems in Colombia. Poster Abstract: Annual Scale-Up Hubs Meeting of NIMH Scale Up Hubs; 2018, November 27-30; New Delhi, India.
- Bartels, S.M., Cubillos, L., Torrey, W.C., Naslund, J., Uribe-Restrepo, J.M., Gaviola, C., Castro, S.M., John, D.T., Williams, M.J., Gómez-Restrepo, C., & Marsch, L.A. The effectiveness and cost-effectiveness of integrating mental health services in primary care in low and middle-income countries: A systematic review. Poster Abstract: Annual Scale-Up Hubs Meeting of NIMH Scale Up Hubs; 2019, November 14-17; Bogotá, Colombia.

### **National**

- Bartels, S.M., Davis, D., Mus, S., Gómez, L., Muessig, K., Hightow-Weidman, L., Galindo, C., & Barrington, C.. A Mixed-methods Assessment of the Preferences for an App for Pre-exposure Prophylaxis Use among Gay and Bisexual Men in Guatemala. Poster presentation: PAA Annual Meeting; 2023, April 12-15; New Orleans, LA.
- Bartels, S.M., Galindo, C., Angeles, G., & Barrington, C. Examining the Association between Stigma and Mental Health among Gay and Bisexual Men in Guatemala Who Use Pre-exposure Prophylaxis (PrEP). Poster presentation: PAA Annual Meeting; 2022, April 6-9; Atlanta, GA.
- Bartels, S.M., Castillo, I., Hightow-Weidman, L.B., Muessig, K.E., Davis, D.A., Galindo, C., & Barrington, C. PrEP Disclosure Decision-making and Experiences among Gay or Bisexual Men in Guatemala City. Oral presentation: PAA Annual Meeting; 2021, May 5-8; Virtual.
- Shannon, C.L., Bartels, S.M., Cepeda, M., Castro, S., Cubillos, L., Suárez-Obando, F., Gómez-Restrepo, C., Uribe-Restrepo, J.M., Marsch, L., Torrey, W.C. Patient, Provider, and Administrator Perspectives on the Implementation of Screening and Treatment for Depression and Alcohol Use Disorder in Primary Care in Colombia. Poster Abstract: AAFP Global Health Summit; 2020, September 16-18; Virtual.
- Bartels, S.M., Castro, S.M., Uribe, J.M., Torrey, W.C., Goretty, O., Cardenas, P., Cubillos, L., Williams, M.J., Gómez-Restrepo, C., & Marsch, L.A. Scaling up science-based mental health resources in Colombia: A qualitative study of barriers and facilitators to offering depression care in primary care. Poster Abstract: Global Health & Innovation Conference. Unite for Sight; 2019, April 13-14; New Haven, CT.
- Bartels, S.M., Castro, S.M., Torrey, W.C., Uribe, J.M., & Gómez-Restrepo, C. Scaling up Science-Based Mental Health Interventions in Colombia: Formative Work, Design, and Initial Results of an Implementation Research Project. Accepted oral symposium: 10th Anniversary Conference - Global Mental Health Research without Borders. National Institute of Mental Health; 2019, April 8-9; Bethesda, MD.

### **Local**

- Barrington, C., Davis, D., Bartels, S.M., & Mus, S. PrEPárate: Introducing Innovative HIV Prevention Strategies in Guatemala to Promote Health Equity. Oral symposium at: the 2023 North Carolina Conference on Latin American Studies; 2023, February 17-18; Durham, NC.
- Bartels, S.M., Hoang Thi, H.V., Sripaipan, T.S., Miller, W., Ging, L.M., Huong, L.T. & Go, V. Developing Partnership-Based Global Training Programs with Impact. Poster Abstract at: the 2022 NC Global Health Annual Conference; 2022, October 6; Raleigh, NC.
- Landrum, K.R., Filipowicz, T.R., Sibley, A.L. & Bartels, S.M. Identifying barriers and facilitators to care for people who inject drugs living with HIV in Vietnam: Lessons learned from two formative research projects. Oral symposium at: the 2022 NC Global Health Annual Conference; 2022, October 6; Raleigh, NC.
- Bartels, S.M., Hoang Thi, H.V., Sripaipan, T.S., Miller, W., Ging, L.M., Huong, L.T. & Go, V. Developing Partnership-Based Global Training Programs with Impact. Poster Abstract at: the 2022 Global Health Scholars Symposium; 2022, November 11; Chapel Hill, NC.

## Publications

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### Published or in press

- **Bartels, S. M.**, Galindo, C., Angeles, G., & Barrington, C. (2023). Assessing associations between stigma and mental health among preexposure prophylaxis users in Guatemala. *Stigma and Health*. Advance online publication. <https://doi.org/10.1037/sah0000429>
- **Bartels, S. M.**, Haider, S., Williams, C. R., Mazumder, Y., Ibisomi, L., Alonge, O., Theobald, S., Bärnighausen, T., Vasquez Escallon, J., Vahedi, M., Ramaswamy, R., & Sarker, M. (2022). Diversifying Implementation Science: A Global Perspective. *Global Health: Science and Practice*. 10(4), doi:10.9745/GHSP-D-21-00757
- **Bartels, S. M.**, Guzmán Guevara, K., Pajarito Rompich, Y., & Barrington, C. (2022). Narratives of Change From Gay and Bisexual Men Living With HIV in an Emotional Well-Being Intervention. *AIDS Education and Prevention*, 34(1), 53-68. doi:10.1521/aeap.2022.34.1.53
- **Bartels, S.**, Castillo, I., Davis, D. A., Hightow-Weidman, L. B., Muessig, K. E., Galindo, C., & Barrington, C. (2021). PrEP Disclosure Experiences of Gay and Bisexual Men in Guatemala. *AIDS and Behavior*. doi:10.1007/s10461-021-03276-y
- **Bartels, S. M.**, Gora Combs, K., Lazard, A. J., Shelus, V., Davis, C. H., Rothschild, A., Drewry, M., Carpenter, K., Newman, E., Goldblatt, A., Dasgupta, N., Hill, L. M., & Ribisl, K. M. (2021). Development and Application of an Interdisciplinary Rapid Message Testing Model for COVID-19 in North Carolina. *Public Health Reports*. <https://doi.org/10.1177/00333549211018676>
- **Bartels, S. M.**, Cardenas, P., Uribe-Restrepo, J. M., Cubillos, L., Torrey, W. C., Castro, S. M., . . . Marsch, L. A. (2021). Barreras y facilitadores para el diagnóstico y tratamiento de la depresión en atención primaria en Colombia: Perspectivas de los proveedores, administradores de atención médica, pacientes y representantes de la comunidad. *Revista Colombiana de Psiquiatría*. doi:<https://doi.org/10.1016/j.rcp.2021.01.001>
- **Bartels, S. M.**, Martínez-Camblor, P., Naslund, J. A., Suárez-Obando, F., Torrey, W. C., Cubillos, L., . . . Marsch, L. A. (2021). Caracterización de los usuarios de las redes sociales dentro del sistema de atención primaria en Colombia y predictores de su uso de las redes sociales para comprender su salud. *Revista Colombiana de Psiquiatría*. doi:<https://doi.org/10.1016/j.rcp.2020.12.010>
- Park, S., Cubillos, L., Martínez-Camblor, P., **Bartels, S. M.**, Torrey, W. C., John, D. T., . . . Marsch, L. A. (2023). Integrating Depression and Alcohol Use Care Into Primary Care in Low- and Middle-Income Countries: A Meta-Analysis. *Psychiatric Services*, *appi.ps.20220267*. doi:10.1176/appi.ps.20220267
- Ramaswamy, R., Ramaswamy, V., Holly, M., **Bartels, S.**, & Barach, P. (2022). Building local decision-making competencies during COVID-19: Accelerating the transition from learning healthcare systems to learning health communities. *Learning health systems*, e10337. Advance online publication. <https://doi.org/10.1002/lrh2.10337>
- Holly, M., **Bartels, S.**, Lewis, N., Howard, P., & Ramaswamy, R. (2021). A learning approach to community response during the COVID-19 pandemic: Applying the Cynefin framework to guide decision-making. *Learning Health Systems*, n/a(n/a), e10295. doi:<https://doi.org/10.1002/lrh2.10295>
- Shannon, C. L., **Bartels, S. M.**, Torrey, W. C. (2021). Patient, Provider, and Administrator Perspectives on the Implementation of Screening and Treatment for Depression and Alcohol Use Disorder in Primary Care in Colombia. *Community mental health journal*. Advance online publication. <https://doi.org/10.1007/s10597-021-00781-1>.
- Makina-Zimalirana, N., Dunlop, J., Jiyane, A., **Bartels, S. M.**, Struthers, H., McIntyre, J., & Rees, K. (2022). Postnatal Clubs for Integrated Postnatal Care in Johannesburg, South Africa: A Qualitative Assessment of Implementation. In: *Research Square*. Advance online publication. 10.21203/rs.3.rs-1220412/v1
- Hill, L. M., Davis, H., Drewry, M., Shelus, V., **Bartels, S. M.**, Gora Combs, K., Ribisl, K. M., & Lazard, A. J. (2022). Barriers to and Facilitators of COVID-19 Prevention Behaviors Among North Carolina Residents. *Health education & behavior*, 10901981221076408. Advance online publication.
- Scherer, E.A., Metcalf, S.A., Whicker, C.L., **Bartels, S.M.**, Grabinski, M., Jung Kim, S., Sweeney, M.A., Lemley, S.M., Lavoie, H., Xie, H., Bissett, P.G., Dallery, J., Kiernan, M., Lowe, M.R., Onken, L., Prochaska, J.J., Stoeckel, L.E., Poldrack, R.A., MacKinnon, D.P., & Marsch, L.A. (Accepted manuscript at *Frontiers in Digital Health*). Momentary Influences on Self-Regulation in Two Populations with Health Risk Behaviors: Smokers and Overweight Adults with Binge-Eating Disorder.
- Levey, E. J., Onyeka, H., **Bartels, S. M.**, Sanchez Calderon, E., Sanchez, S. E., Prom, M. C., . . . Gelaye, B. (2021). Mobile Technology Access and Use Among Adolescent Mothers in Lima, Peru: Mixed Methods Study. *JMIR Pediatr Parent*, 4(3), e30240. doi:10.2196/30240
- Marsch, L. A., Gómez-Restrepo, C., **Bartels, S. M.**, Bell, K., Camblor, P. M., Castro, S., . . . Williams, M. J. (2021). Scaling Up Science-Based Care for Depression and Unhealthy Alcohol Use in Colombia: An Implementation Science Project. *Psychiatric Services*, *appi.ps.202000041*. doi:10.1176/appi.ps.202000041
- Cárdenas Charry, M. P., Jassir Acosta, M. P., Uribe Restrepo, J. M., Cepeda, M., Martínez-Camblor, P., Cubillos, L., **Bartels, S. M.**, Castro, S. M., Marsch, L. A., Gomez-Restrepo, C. (2021) Relationship Between the Sociodemographic Characteristics of Participants in the DIADA Project and the Rate of Compliance With Follow-up assessments in the Initial stage of the Intervention. *Colombian Journal of Psychiatry*. doi:<https://doi.org/10.1016/j.rcp.2020.11.019>
- Jassir Acosta, M. P., Cárdenas Charry, M. P., Cepeda, M., Castro, S., Uribe Restrepo, J. M., Cubillos, L., **Bartels, S. M.**, Marsch, L. A., Gomez-Restrepo, C. (2021). Characterizing the Perceived Stigma Towards Mental Health in the Early

Implementation of an Integrated Services Model in Primary Care in Colombia. A Qualitative Analysis. *Colombian Journal of Psychiatry*. doi:<https://doi.org/10.1016/j.rcp.2020.11.017>

- Marroquín Rivera, A., Rosas-Romero, J. C., Castro, S. M., Suárez-Obando, F., Aguilera-Cruz, J., **Bartels, S. M.**, Park, S., Torrey, W. C., & Gómez-Restrepo, C. (2021). Implementing a Redcap-based research data collection system for mental health. *Revista Colombiana de psiquiatria (English ed.)*, S2530-3120(21)00058-8. Advance online publication. <https://doi.org/10.1016/j.rcpeng.2021.06.004>
- Gómez-Restrepo, C., Cárdenas, P., Marroquín-Rivera, A., Cepeda, M., Suárez-Obando, F., Miguel Uribe-Restrepo, J., Castro, S., Cubillos, L., Torrey, W. C., **Bartels, S. M.**, Van Arcken-Martínez, C., Park, S., John, D., & Marsch, L. A. (2021). Access barriers, self-recognition, and recognition of depression and unhealthy alcohol use: A qualitative study. *Revista Colombiana de psiquiatria (English ed.)*, 50 Suppl 1(Suppl 1), 52–63. <https://doi.org/10.1016/j.rcpeng.2021.06.008>
- Lord, S. E., Campbell, A. N. C., Brunette, M. F., Cubillos, L., **Bartels, S. M.**, Torrey, W. C., . . . Marsch, L. A. (2021). Workshop on Implementation Science and Digital Therapeutics for Behavioral Health. *JMIR Ment Health*, 8(1), e17662. doi:10.2196/17662
- Naslund, J. A., **Bartels, S. M.**, & Marsch, L. A. Digital Technology in the Management of Mental Illness. In K. Atkinson & D. Mabey (Eds.), *Revolutionizing the delivery of health care in the developing world: rapid diagnostic tests, cheap imaging technologies and telemedicine together with work force task-shifting at the primary point-of-care*. London, UK: Wiley.
- Castro, S. M., Cubillos, L., Uribe-Restrepo, J. M., Suárez-Obando, F., Meier, A., Naslund, J. A., **Bartels, S. M.**, Williams, M. J., Cepeda, M., Torrey, W. C., Marsch, L. A., & Gómez-Restrepo, C. (2020). Assessing the Integration of Behavioral Health Services in Primary Care in Colombia. *Administration and policy in mental health*, 47(3), 435–442. <https://doi.org/10.1007/s10488-019-01002-4>
- Cárdenas, P., **Bartels, S. M.**, Cruz, V., Gáfarro, L., Uribe-Restrepo, J. M., Torrey, W. C., Castro, S. M., Cubillos, L., Williams, M. J., Marsch, L. A., Oviedo-Manrique, D. G., & Gómez-Restrepo, C. (2020). Perspectives, Experiences, and Practices in the Use of Digital Information Technologies in the Management of Depression and Alcohol Use Disorder in Health Care Systems in Colombia. *Qualitative health research*, 30(6), 906–916. <https://doi.org/10.1177/1049732320902460>
- Torrey, W. C., Cepeda, M., Castro, S., **Bartels, S. M.**, Cubillos, L., Obando, F. S., . . . Marsch, L. A. (2020). Implementing technology-supported care for depression and alcohol use disorder in primary care in colombia: Preliminary findings. *Psychiatric Services*. doi:10.1176/appi.ps.201900457.
- Cubillos, L., **Bartels, S. M.**, Torrey, W. C., Naslund, J., Uribe-Restrepo, J. M., Gaviola, C., Díaz, S. C., John, D. T., Williams, M. J., Cepeda, M., Gómez-Restrepo, C., & Marsch, L. A. (2020). The effectiveness and cost-effectiveness of integrating mental health services in primary care in low- and middle-income countries: systematic review. *BJPsych bulletin*, 1–13. Advance online publication. <https://doi.org/10.1192/bjb.2020.35>

## Grant Funding

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- Title: A Mixed Methods Assessment of Clinic Characteristics Associated with Successful Scale-up & Sustainment of Systems Navigation & Psychosocial Counseling for People Who Inject Drugs with HIV in Vietnam. PI: Sophia Bartels. Source: National Institute on Drug Abuse. Grant Number: 1F31DA057893-01A1. Duration: 03/03/23-07/03/25. Amount: \$95,314.
- 2011 Co-author for Hanover Rotary Club Grant for \$4,000 to provide funding for the Haiti Hope Quilt Non-Profit

## Peer Review Activities

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- Reviewer for *Qualitative Health Research, International Journal of Medical Informatics, Journal of Patient Experience, The Journal of Global Health, AIDS and Behavior, the Journal of Global Health, BMC Health Services, Implementation Science Communications, Pre-Publication Support Services (PREPSS)*, and *BMJ Global Health*
- *AIDS and Behavior* Consulting Editorial Board, 2022

## Research Workshops and Trainings Attended

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- 2020 Racial Equity and Inclusion Groundwater Training
- 2018 Global Mental Health Workshop: “Diversity: A Tool for Solving Grand Challenges in Global Mental Health”
- 2017 Center for Technology and Behavioral Health (CTBH) Workshop: “Development and Evaluation of Digital Therapeutics for Behavior Change: Science, Methods, and CTBH Projects”
- Weekly CTBH Seminar Series; Monthly CTBH Affiliates Meeting; Northeast Node’s Science Series (2017-2019)

## Leadership Activities

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### Local

- Spring 2023-present Manager of the SHAC Syringe Services Program
- Fall 2020-Spring 2021 Co-Chair of the Speakers Committee for the 2021 Minority Health Conference
- Fall 2020- Spring 2021 Evaluation Specialist for Classroom to Community

- Fall 2019-Spring 2020 Sex-Ed Teacher at the JOY charter school in North Carolina
- 2017-2019: Varsity Coach Upper Valley Rowing Foundation High School Team

### Collegiate

- 2016 Assistant Director of the Colby Volunteer Center
- 2016 Colby Outdoor Orientation Leader

### High School

**Co-Founder of the Haiti Hope Quilt Non-Profit, Bois d'Avril, Haiti** **2009-2012**

- Co-founded the Haiti Hope Quilt Non-Profit in the village of Bois d'Avril, Haiti creating a self-sustaining sewing co-operative
- Member of the Board of Directors and Secretary of the Haiti Hope Quilt Non-profit (2010-2012)
- Founded the Haiti Hope Club at Hanover High School in 2009 to raise money and awareness for the Haiti Hope Quilt Non-Profit

### Skills

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- Fluent in writing, speaking, and reading Spanish; skilled in Spanish translation
- Skilled in REDCap, NVivo, ATLAS.ti, Dedoose, and Qualtrics
- Proficient in using Stata, SAS, and Excel for data analysis
- Skilled in searching and using electronic databases (e.g. PubMed) and online and microfilm data resources

### Awards

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- 2023-2024 P.E.O. Scholar Award
- 2023 PAA Annual Meeting Poster Award
- 2023 Health Behavior Conference Award
- Foreign Language and Area Studies (FLAS) Fellowship (Summer 2020)
- 2017 Global Studies Faculty Prize for High Scholarly Attainment
- 2017 Walker Latin American Studies Senior Prize
- NESCAC All-Academic Team: 2015-2017
- Varsity Letter in Crew: 2013-2017
- 2016 Truman Scholarship Finalist
- 2016 Walker Grant to conduct research for my senior honors thesis, Colby College Latin American Studies Department
- 2014 Walker Grant to conduct research with Professor Navarro, Colby College Latin American Studies Department
- 2011 Upper Valley Change Agent Award Finalist for Work with the Haiti Hope Quilt Nonprofit
- Collegiate Rowing Coaches Association (CRCA) National Scholar-Athlete Team 2015, 2016

### Community Engagement and Committee Involvement

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- Volunteer at the SHAC Syringe Services Program (Fall 2022-Present)
- LGBTQ Health Disparities Research Collaborative; PrEP Scientific Working Group (Fall 2019-Fall 2022)
- Volunteer at the Orange County Animal Shelter (Spring 2021-Fall 2022)
- UNC Minority Health Conference Speakers Committee (Fall 2019-Spring 2021)
- Volunteer at Table, working weekly to provide hunger relief for children in North Carolina (Fall 2019-Spring 2020)
- Volunteered at the Upper Valley Haven, working weekly at a local food shelf (Winter 2018-Summer 2019)
- Oak Student Committee for international human rights and advocacy, Oak Institute for Human Rights, Colby College (2013-2017)
- Volunteered at Educare, helping Spanish speaking children to adapt to local schools (Fall 2013-Summer 2014)
- Volunteered at Rising Readers, helping kindergarteners learn how to read (Waterville, ME Fall 2014-Summer 2015)
- Volunteered at *Centro de Acogida CAM de la comuna Peñalolén* (Community Peñalolén Shelter), an after-school program for children in low-resource settings (Santiago, Chile Fall 2015)